I. Designed On Purpose, For Purpose
   a. The Design
      i. Purposeful
      ii. Personal (Being and Doing)
   b. The Distortion
      i. Control
      1. Eugenics
      2. Abuse
      ii. Confusion
      1. Asexual
      2. Perpetual Children
      3. Innocence
      4. Oversexed
      5. Consequences:
         a. Delayed or Absent Sexuality Instruction
         b. Distorted Sexuality Instruction
         c. Increased Vulnerability to Abuse
         d. Guilt and Shame

II. Created As Individuals, For Community
   a. Individual Integration
      i. Brain Matters
      1. Rigidity
      2. Regulation
         a. Attention
         b. Arousal
         c. Sensory Processing
      ii. Mind Matters
      1. Learning
         a. Generalization
         b. Concrete Thinking
         c. Intake and Processing Speed
      2. Thinking
         a. Idealism
         b. All or Nothing
         c. Minimize Maximize
   b. Community Integration
      i. Hovering Helpers
      ii. Empowering Helpers
III. Train for Life – Practical, Real Life Strategies

a. Love
   i. Warning Labels
   ii. Emotional Ties
b. Purity
   i. Temptation Trap
   ii. Temptation Freeze
c. Safety
   i. Disease Prevention
   ii. Abuse Prevention
   iii. Saying NO
      1. With Words
      2. With Your Body
d. Singleness
   i. Assessment
   ii. Affirmation
   iii. Abstinence
e. Dating
   i. Friendships
   ii. Healthy Relationships
   iii. Boundaries
f. Marriage

IV. Empower to Serve

a. Response-Ability
   i. Competency – “Can I?”
   ii. Conscience – “Should I?”
   iii. Choice
b. Releasing
   i. Parent Fears
      1. Talking about sex
      2. Handling Tough Questions
      3. Children Know Too Much
   ii. Parent Guidelines
      1. Embrace our Sexual Design
      2. Reaffirm your own Values
      3. Establish Private Boundaries
      4. Sooner Rather than Later
      5. Use Clear/Accurate Language
      6. Be Strategic and Situational
      7. It’s OK not to Know
      8. Teach Creatively
      9. Acknowledge Feelings
     10. Repeat, Repeat, Repeat